

MASSAGES

ishga Hot Stone Massage <i>55 minutes</i>	£105
ishga Invigorating Full Body Massage <i>55 minutes</i>	£99
Dunkeld Spa Full Body Massage <i>45 minutes</i>	£75
Rejuvenating Radiance Treatment <i>75 minutes</i>	£115
Tides of Change <i>90 minutes</i>	£135

BODY & FEET

ishga Detoxifying Seaweed Body Wrap <i>55 minutes</i>	£105
ishga Marine Back Treatment <i>55 minutes</i>	£105
ishga Luxurious Seaweed Foot Experience <i>55 minutes</i>	£85
Luxury Seaweed Bath <i>30 minutes</i>	£49

FACIALS

ishga Anti-Aging Rejuvenator Facial <i>55 minutes</i>	£105
ishga Luxury Anti-Aging Facial <i>90 minutes</i>	£140
Highland Marine Face & Back Treatment <i>80 minutes</i>	£135

MATERNITY TREATMENTS

ishga Mum to Be Massage <i>55 minutes</i>	£105
Scalp, Neck, Shoulder, Lower Leg & Feet <i>45 minutes</i>	£75

HAND & FOOT TREATMENTS

Luxury Manicure <i>55 minutes</i>	£60
Luxury Pedicure <i>55 minutes</i>	£60
File & Polish <i>30 minutes</i>	£45

DISCOVERY TREATMENTS

ishga Discovery Facial <i>30 minutes</i>	£69
ishga Discovery Massage <i>30 minutes</i>	£69
ishga Salt & Oil Scrub <i>30 minutes</i>	£69
Scalp, Neck & Shoulder Massage <i>30 minutes</i>	£69
ishga Foot Recovery <i>30 minutes</i>	£69

ONCOLOGY TREATMENTS

Mini Facial <i>30 minutes</i>	£69
Comforting Foot & Leg Massage <i>30 minutes</i>	£69
Head & Scalp Massage <i>30 minutes</i>	£69
Facial Massage <i>30 minutes</i>	£69
Seaweed Hand & Foot Treatment <i>30 minutes</i>	£69
Back, Neck & Shoulder Massage <i>30 minutes</i>	£69