

### MASSAGES

ishga Hot Stone Massage 55 minutes	£105
ishga Invigorating Full Body Massage 55 minutes	£99
Dunkeld Spa Full Body Massage 45 minutes	£75
Rejuvenating Radiance Treatment 75 minutes	£115

### BODY & FEET

ishga Detoxifying Seaweed Body Wrap 55 minutes	£105
ishga Marine Back Treatment 55 minutes	£105
ishga Luxurious Seaweed Foot Experience 55 minutes	£85
Luxury Seaweed Bath 30 minutes	£49

### FACIALS

ishga Anti-Aging Rejuvenator Facial 55 minutes	£105
ishga Luxury Anti-Aging Facial 55 minutes	£140
Highland Marine Face & Back Treatment 80 minutes	£135

### MATERNITY TREATMENTS

ishga Mum to Be Massage 55 minutes	£105
Scalp, Neck, Shoulder, Lower Leg & Feet 45 minutes	£75

# HAND & FOOT TREATMENTS

Luxury Manicure 55 minutes	£60
Luxury Pedicure 55 minutes	£60
File & Polish 30 minutes	£45

### DISCOVERY TREATMENTS

ishga Discovery Facial 30 minutes	£69
ishga Discovery Massage 30 minutes	£69
ishga Salt & Oil Scrub 30 minutes	£69
Scalp, Neck & Shoulder Massage 30 minutes	£69
ishga Foot Recovery 30 minutes	£69

## ONCOLOGY TREATMENTS

Mini Facial 30 minutes	£69
Comforting Foot & Leg Massage 30 minutes	£69
Head & Scalp Massage 30 minutes	£69
Facial Massage 30 minutes	£69
Seaweed Hand & Foot Treatment 30 minutes	£69
Back, Neck & Shoulder Massage 30 minutes	£69